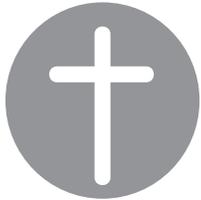




## October 2021 prayer guide

### MENTAL HEALTH



#### salvation

*"Behold, God is my salvation; I will trust, and will not be afraid; for the Lord God is my strength and my song, and he has become my salvation." Isaiah 12:2, ESV*

- + Ask God to bring salvation to all who are struggling with their mental health.
- + Pray for the salvation of psychologists, therapists, doctors, counselors and other medical workers who labor to help those in need.
- + Pray for individuals you know who are struggling with anxiety, depression or other mental health concerns. May God be their salvation, their strength and their song.



#### the church

*"The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim liberty to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, to proclaim the year of the Lord's favor." James 2:16, ESV*

- + Pray for God's heart of compassion in His church to minister to the mentally afflicted.
- + Pray for every church program and ministry in our city that addresses mental health in individual lives. Pray for more laborers, favor, and financial support.
- + Pray for encouragement for pastors and leaders as they labor to set captives free.



#### our communities

*"For God has not given us a spirit of fear, but of power and of love and of a sound mind." 2 Timothy 1:7, NKJV*

- + Pray for neighbors and communities to reach out to those who are lonely and struggling in this season. May we all extend the love of the Father to those in need.
- + Ask God to bring Jesus-loving influencers into the lives of those afflicted. Pray that these individuals would be carriers of God's grace to encourage and pray for complete healing.
- + Pray against the stigma of compromised mental health and for more awareness and acceptance of those who need help in this area.



#### transformation

*"For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord." Romans 8:38-39, ESV*

- + Pray that the Body of Christ would be saturated with God's love and transformed in His Presence.
- + Pray for a renewing of the mind for every person struggling with mental health. Ask God to give them hope and a vision for wholeness and healing in Jesus.
- + Pray for transformation in our individualistic culture and an increase in personal connections and fellowship so that everyone in our city who struggles can get the help they need.